



Logistics & Lodging

GENERAL INFORMATION

Yogaphoria is located in the heart of New Hope, PA on the scenic Delaware River. New Hope is known for its history dating back to 1710, including many historic landmarks, as well as its artist communities and unique restaurants, shops and galleries. New Hope offers plenty of dining and lodging options including beautiful historic bed and breakfasts.

DRIVING DIRECTIONS

From Philadelphia and South (including Philadelphia Airport)

- * I-95 North to New Hope (Exit 51 - old exit 31) immediately before crossing Scudders Falls bridge to NJ (approximately 50 minutes to an hour).
- * Bear left towards New Hope at end of exit ramp. You will be on Taylorsville Rd.
- * Continue for five miles (through two traffic lights) until road intersects with Rt. 32 / River Road.
- * Make a left on to Route 32 / River Road for another 5 miles into New Hope. River Road will become Main Street as you continue into New Hope.
- * Once in New Hope, continue through town until the first stop light at the intersection of Bridge and Main streets.
- * Turn left onto Bridge Street (Rt 179)
- * Continue on Bridge Street for approximately 1 block until you see New Hope and Ivyland Railroad on your right side.
- * The next drive on your right will be Union Square. Turn Right.
- * Metered Parking is available on-site

From Northern/Central New Jersey (including Newark Airport)

- * I-287 or I78 and then I-287 to Somerville (NJ).
- * Rt. 202 South from Somerville 30 minutes to Toll Bridge over Delaware River.
- * Exit right-hand side immediately after paying toll.
- * Turn right at foot of off-ramp (South on Rt. 32 a.k.a. River Road)
- * Continue into New Hope (5 minutes) through stop light at Bridge St. and Rt. 32/River Road
- * Turn right onto Bridge Street (Rt 179)
- * Continue on Bridge Street for approximately 1 block until you see New Hope and Ivyland Railroad on your right side.
- * The next drive on your right will be Union Square.
- * Metered Parking is available on-site

TRAINS & BUSSES

From New York Port Authority Bus Terminal, JFK Airport & Newark Airport you can take Transbridge Bus Lines. Go to www.transbrigebus.com for schedule information. You will be dropped off on Bridge St. in Lambertville, NJ and it's just a short and pleasant walk across the bridge to Pennsylvania and Yogaphoria. Walk west on Bridge St. and across the bridge until you see a sign for Union Square just past the Ivyland Railroad. Turn right into Union Square and walk toward the back of the complex. Yogaphoria will be on your left. If you prefer not to walk (about 20 min.) or need transportation to a further location you can call Class A Taxi to reserve a pick up in advance at 215-862-2660.

From New York Penn Station to Trenton, NJ or Hamilton, NJ you can take a New Jersey Transit or Amtrak train. Trenton is about 18 miles from New Hope and Yogaphoria. Amtrak to Trenton has less frequent but faster service, and NJ Transit runs regularly but with more stops. Go to www.njtransit.com for schedule info. Call in advance for Class A Taxi to pick you up at the Trenton Station (\$35 for the taxi). 215-862-2660. Hamilton is about 23 miles from New Hope and Yogaphoria. Take NJ Transit to this location and call Class A Taxi to arrange a ride to New Hope in advance (taxi is approximately \$45.)

From Philadelphia or the Philadelphia International Airport take Septa Rail from the 30th St Station on the R5 heading toward Glenside and the Doylestown Station (Approx 1hr. 45min.) Go to www.septa.org for schedule information. Pre-arrange for Class A Taxi to pick you up at the station (215-862-2660.) Taxi rate to New Hope is \$20.

If you are not able to go online for schedule info either call the transportation service you will be taking or call us here at the studio and we will send you a packet of information.

LODGING – Here are just a few. There are tons of places to stay here. You can go to www.newhopepa.com for more options. There is also a great youth hostel in Newtown, PA (12 miles from New Hope) at the Tyler State Park in an early Pennsylvania farmhouse for about \$17 per night– 215-968-0927.

Best Western New Hope Inn
Rt. 202
New Hope, PA
215-862-5221
4 miles from Yogaphoria

Inn at Stoney Hill
105 Stoney Hill Rd.,
New Hope PA 18938
215-862-5769
3 miles from Yogaphoria

Chimney Hill Farm Estate and Ol' Barn Inn
207 Goat Hill RD,
Lambertville, NJ 08530
609-397-1516
4 miles from Yogaphoria

Silver Maple Organic Farm and Bed & Breakfast
483 Sergeantsville Rd
Flemington, NJ 08822
908-237-2192
9 miles from Yogaphoria

Fox & Hound Bed & Breakfast of New Hope
246 W Bridge St,
New Hope, PA 18938
Phone: 215-862-5082
3 blocks from Yogaphoria

New Hope Motel
6661 Rt. 179
New Hope, PA
215-862-2800
2 miles from Yogaphoria

DINING

There are a number of delis & cafes in town. If you take a stroll down Bridge St. toward the river you will run into quite a few. Take a right or left turn on Main St. and you will find even more choices. Lulu's on Main St. (to the right) has quite a few nice vegetarian choices. Taco Loco has good Mexican food on Bridge St. just opposite the entrance to the railroad which you can see from the studio (not as many vegetarian choices.) There is also a juice/smoothie place called the Main Squeeze if you turn right on Main St. and go a few blocks. If you want to take a stroll walk across the bridge to Lambertville and try Siam for great Thai food on Union St. (make a left on to Union St. from Bridge St. and go a few blocks.) There are numerous other great places to try and most restaurants have their menus out on display near the street for you to see what they offer.

There are plenty of restaurant/bars and fine dining restaurants to choose from as well. The closest one to Yogaphoria is the Triumph Brewery right in Union Square which offers soups, salads, sandwiches & entrees with a few vegetarian choices. Go to www.newhopepa.com for information about some more local restaurants. We also have a book of local restaurant menus in the studio for you to look through while you are here.