

EXTRAORDINARY LEADERSHIP

ANUSARA YOGA LEVEL 2 TEACHER TRAINING

with Amy Ippoliti & Ross Rayburn



October 13-17th, 2010 - South Orange, NJ

Wednesday thru Sunday - 30 total classroom hours

Join an intimate and sophisticated group of experienced teachers, and with Amy and Ross's loving and precise guidance, take your teaching to a whole new level!

- Refine every aspect of your teaching through individual feedback and support from Ross and Amy
- Learn and practice hands on adjustments
- Hone your observation skills
- Engage in contemplation and journal writing to make your alignment instructions more effective and potent
- Learn to integrate meaningful languaging and Anusara's Shiva-Shakti tantric philosophy into your postural instructions
- Discover tools to become an extraordinary leader in your community

PRE-REQUISITES:

- Strong working knowledge of the Universal Principles of Alignment. • Immersion and Level 1 Teacher Training graduate.
 - Best suited for Anusara-Inspired, Certified teachers, or any other teachers who are dedicated to advancing in the Anusara yoga method.

INVESTMENT:

Register before June 15th, \$685 - Thereafter, \$750

To register and get more information on travel to South Orange, NJ please visit www.wildspirityoga.com or email info@wildspirityoga.com

For more information: www.wildspirityoga.com